



## **PARENT & PLAYER CODE OF CONDUCT**

Any individual participating in the Spokane Foxes/Pumas FC is expected to conduct him or herself in a manner, which exemplifies integrity, respect, and sportsmanship. Participation within Spokane Foxes/Pumas FC requires each player and their parent to sign the Spokane Foxes/Pumas FC Player and Parent Code of Conduct form. The signed form should be submitted to your Team Manager. The form is available for download on the Club website or you may request a hard copy from your Team Manager.

Players shall be under the supervision of their coaches and team management and adhere to Spokane Foxes/Pumas FC guidelines as well as any additional rules set up for their team. Any individual who is found to be in violation of the Code of Conduct rules and policies may be subject to administrative action. This may include the rescission of participation rights, as deemed appropriate to the circumstances.

Spokane Foxes/Pumas FC has a zero tolerance policy towards player fighting or behaving in a disrespectful manner towards coaches, game officials, parents, or any individuals attending or participating in soccer related events.

It is the policy of the US Club Soccer, the PSPL and Spokane Foxes/Pumas FC that NO ALCOHOL be sold or bought at any youth soccer training session or match.

There is to be no smoking on any school grounds or school parking areas as well as within 200 yards of any Spokane Foxes/Pumas FC training sessions or match. Spokane Foxes/Pumas FC members are expected to follow set smoking policies at all events where Spokane Foxes/Pumas FC is in attendance.

In the case of an infraction, the Spokane Foxes/Pumas FC Executive Board will take the appropriate action. As always, any sanctions taken against a player, coach, administrator or parent will carry through to all affiliates, (i.e. PSPL, and US Club Soccer).

### **Player Responsibilities:**

- \* Attend all training sessions, matches, tournaments, and meetings unless excused by the head coach.
  - ~ When schedule conflicts arise, notify your head coach as soon as possible.
  - ~ If the player is injured and not able to practice he is still required to attend, observe and learn at the training sessions and matches unless other arrangements have been made with the coach.



- \* Practices are mandatory. As a participant in the Spokane Foxes/Pumas FC curriculum you will not develop the necessary skills and style of play if you do not attend scheduled training sessions.
- \* Come ready to train. A serious attitude to training, matches, and classroom sessions is expected.
- \* Every Spokane Foxes/Pumas FC player is expected to treat other players, coaching staff, referees, and parents with respect. Players are not expected to like everything about everyone on the team, but they are expected to respect each other's ability and talent so that all players may work together for the good of the team.
- \* Each player is required to attend training and matches in the appropriate attire:
  - ~ Shin guards
  - ~ Appropriate footwear
  - ~ Properly inflated soccer ball
  - ~ Designated Spokane Foxes/Pumas FC attire
- \* Players (to include parents) are responsible for their own well-being and should call to the coaches and/or manager's attention any injuries or situations in which the Spokane Foxes/Pumas FC staff members may be able to assist. Players are expected to seek appropriate professional medical attention for all concerns and to keep the coaches informed and up to date on their progress. Players should provide coaches with written a doctor's prognosis and advice for treatment.

### **Parent Responsibilities:**

- \* No coaching. Spokane Foxes/Pumas FC prides itself on assigning the best coaches to each team. Our goal is to improve your child's level of play by providing an environment that encourages independence and creativity on the field. Allow the Spokane Foxes/Pumas FC coaching staff to provide the proper coaching for your child.
- \* Parents are to stand away from the player bench during games. Ideally all parents are to be on the opposite side of the field during matches. In the event a field does not accommodate space for parents to be on the opposite side, they should position themselves more than 25 yards away from the player bench.
- \* Parents are expected to participate in all team activities and other functions deemed mandatory by the team. Every team is required to provide volunteers to help organize and run Club functions (i.e., Auction, Tryouts, Tournaments, Commission Meetings, etc.).
- \* Parents are to cooperate with the team expectations of participation. By accepting a position on any of the Spokane Foxes/Pumas FC teams, parents and players must understand that they are making a commitment to participate at the highest level available in youth soccer in our area. With this comes the responsibility to attend all scheduled events



unless notification and agreement has been reached well ahead of time with the coach. Outside activities such as vacations, parties, family activities, etc. should be scheduled around the team commitment whenever possible. In a team sport, failure to do this unfairly and adversely impacts all other team members.

- \* Be a role model of proper behavior:
  - ~ During training and matches parents are expected to be at their best behavior and only make positive and encouraging comments to Spokane Foxes/Pumas FC players, coaches, parents, game officials and spectators. No negative or derogatory comments to any individuals will be tolerated.
  - ~ Misconduct by a parent may result in parent and/or player sanctions or suspension by the Head Coach and/or Spokane Foxes/Pumas FC Executive Board (see Spokane Foxes/Pumas FC Code of Conduct Disciplinary Proceedings for further details).
  
- \* Encourage your child to take responsibility for the following:
  - ~ Behavior
  - ~ Respecting others, positive, listening
  - ~ Getting to team activities prepared (shin guards, socks, water bottles, etc.)
  - ~ Communicating with the coach and teammates
  - ~ Proper nutrition and hydration
  - ~ Be a student of the game by gaining knowledge through watching matches, asking questions, and practicing on their own.